



香港學術及職業資歷評審局
Hong Kong Council for Accreditation of
Academic & Vocational Qualifications

SUMMARY ACCREDITATION REPORT

HKCT INSTITUTE OF HIGHER EDUCATION

LEARNING PROGRAMME ACCREDITATION

DIPLOMA IN FITNESS AND SPORTS

JANUARY 2021

1. Terms of Reference

1.1 Based on the Service Agreement (No.: AA672), the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ), in the capacity of the Accreditation Authority as provided for under the Accreditation of Academic and Vocational Qualifications Ordinance (AAVQO) (Cap. 592), was commissioned by HKCT Institute of Higher Education to conduct a Learning Programme Accreditation with the following Terms of Reference:

- (a) To conduct an accreditation test as provided for in the AAVQO to determine whether the Diploma in Fitness and Sports Programme (the Programme) of HKCT Institute of Higher Education (the Operator) meets the stated objectives and QF standards and can be offered as an accredited programme; and
- (b) To issue to the Operator an accreditation report setting out the results of the determination in relation to (a) by HKCAAVQ.

2. HKCAAVQ'S Determination

Learning Programme Accreditation

2.1 HKCAAVQ has determined that, subject to the fulfilment of the condition set out below, the Programme meets the stated objectives and QF standard at Level 3, and can be offered as an accredited programme with a validity period of three years.

2.2 Validity Period

2.2.1 The validity period will commence on the date specified below. Operators may apply to HKCAAVQ to vary the commencement date of the validity period. Applications will be considered on a case-by-case basis.

2.2.2 The maintenance of the accreditation status within the specified validity period is subject to the fulfilment of the requirement set out in paragraph 2.4 by the specified deadline.

2.3 The determinations on the Programme are specified as follows:

Name of Operator	HKCT Institute of Higher Education 港專學院
Name of Award Granting Body	HKCT Institute of Higher Education 港專學院
Title of Learning Programme	Diploma in Fitness and Sports 體適能及運動文憑
Title of Qualification (Exit Award)	Diploma in Fitness and Sports 體適能及運動文憑
Primary Area of Study and Training	Services
Sub-area (Primary Area of Study and Training)	Recreation, Leisure and Sports Management
Other Area of Study and Training	Not applicable
Sub-area (Other Area of Study and Training)	Not applicable
QF Level	Level 3
QF Credits	135
Mode of Delivery and Programme Length	Full-time, 1 year
Start Date of Validity Period	1 September 2021
End Date of Validity Period	31 August 2024
Number of Enrolment	One enrolment per year
Maximum Number of New Students	40 per year
Specification of Competency Standards-based Programme	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Address of Teaching / Training Venue(s)	1. HKCT Jockey Club Undergraduate Campus, 2 On Shing Street, Ma On Shan, Shatin, New Territories 2. HKCT Jockey Club Ma On Shan

	Campus, Yiu On Estate, Ma On Shan, Shatin, New Territories
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2.4 Requirement

The Operator is to provide a clear documentation of guidelines to staff and students, and materials to students for the purpose of self-learning, in order to ensure consistency and effective use of self-study hours.

The Operator is to submit a set of guidelines and samples of self-learning materials with internal approval records for the following modules: *Cardio-respiratory Training*, *Sports Development* and *Ball Games* to HKCAAVQ on the fulfilment of the above requirement **on or before 31 August 2022**.

2.5 Recommendations

HKCAAVQ also offers the following recommendations for continuous improvement of the Programme:

- 2.5.1 The Operator should review the GPA system, to align with the common norm for the benefit of the students to pursue future studies in other institutes.
 - 2.5.2 The Operator should recruit both part-time and full-time lecturers with a Master's degree and provide strong justifications for exceptional appointments.
 - 2.5.3 The Operator should ensure required textbooks with sufficient copies are available in the library and e-resources for students to use.
 - 2.5.4 The Operator should establish a system to strengthen communication between the Programme Team and the teaching staff for effective delivery of Programme curriculum and assessment.
- 2.6 HKCAAVQ will subsequently satisfy itself whether the Operator remains competent to achieve the relevant objectives and the Programme continues to meet the standard to achieve the relevant objectives as claimed by the Operator by reference to, amongst other things, the Operator's fulfilment of any conditions and compliance with any restrictions stipulated in this Accreditation Report. For the

avoidance of doubt, maintenance of accreditation status is subject to fulfilment of any condition and compliance with any restriction stipulated in this Accreditation Report.

3. Introduction

- 3.1 HKCT Institute of Higher Education (HKCTIHE) was officially established in August 2014 upon registration under the Post Secondary Colleges Ordinance (Cap. 320). HKCTIHE is sponsored by HKCT Group Limited which has been incorporated as a registered company under the Companies Ordinance.
- 3.2 HKCTIHE is operating four accredited programmes, namely Higher Diploma in Early Childhood Education (Inclusive Education), Bachelor of Social Sciences (Honours) in Sports Management with Coaching, Bachelor of Social Sciences (Hons) in Social Development Studies (Social Innovation and the Environment) and Bachelor of Social Sciences (Hons) in Social Work.
- 3.3 The Learning Programme Accreditation exercise was conducted according to the relevant accreditation guidelines referred to in the Service Agreement and the Terms of Reference stated therein. A site visit was conducted for the exercise by video-conference on 11 December 2020.

4. Programmes Details

The following programme information is provided by the operator.

4.1 Programme Objectives

PO 1	Equip students with fundamental knowledge and practical skills base required for further study in sports and fitness training;
PO 2	Enable students to explore their interests in sports sector;
PO 3	Help students to develop confidence so as to enhance their opportunities for further studies or employment; and
PO 4	Nurture a sense of fitness and sports safety, encourage conflict resolution and instil a sense of respect through developing a sense of sportsmanship.

4.2 Programme Intended Learning Outcomes

Upon successful completion of the programme, graduates should be able to:

PILO 1	Acquire related foundational exercise science knowledge needed for future study and employment;
PILO 2	Illustrate the spirit of sportsmanship, safety, ethical issue and the skills in fitness and sports training;
PILO 3	Identify the intimate and important relationship between sports and fitness training; and
PILO 4	Use languages, including Chinese and English at proficiency level for work, self-directed learning and further professional study.

4.3 Programme Structure

Module	QF Credit	Contact Hours	Self-study Hours
General Education Modules			
Applied Chinese	13.5	45	90
Practical English	13.5	45	90
Vocational English Communication	13.5	45	90
Individual and Society	13.5	45	90
Core Specialised Modules			
<i>Coaching Sciences</i>			
Foundation Knowledge of Exercise Science	13.5	45	90
Sports Development	13.5	45	90
<i>Fitness Studies</i>			
Cardio-respiratory Training	9	30	60
Resistance Training	9	30	60
Flexibility Training	9	30	60
<i>Practical Skills</i>			
Ball Games	9	30	60
Endurance Sports	9	30	60
Competitive Sport Training for Beginner	9	30	60
Total	135	450	900

4.4 Graduation Requirements

The graduation requirement for the HDFCSM programme is to pass all 12 modules and achieve an overall GPA of 1.70 or above.

4.5 Admission Requirements

- 1) Completion of Secondary 6 in HKDSE; OR
- 2) Aged 21 or above; OR
- 3) Equivalent qualifications; AND
- 4) Pass in admission interview.

4.6 Teaching and Learning Activities

The medium of instruction for the Programme is Chinese supplement with English. The Programme employs a range of teaching and learning activities, such as lectures, tutorials, workshops, case studies and role-plays.

5. Important Information Regarding this Accreditation Report

5.1 Variation and withdrawal of this Accreditation Report

5.1.1 This Accreditation Report is issued pursuant to section 5 of the AAVQO, and contains HKCAAVQ's substantive determination regarding the accreditation, including the validity period as well as any conditions and restrictions subject to which the determination is to have effect.

5.1.2 HKCAAVQ may subsequently decide to vary or withdraw this Accreditation Report if it is satisfied that any of the grounds set out in section 5(2) of the AAVQO apply. This includes where HKCAAVQ is satisfied that the Operator is no longer competent to achieve the relevant objectives and/or the Programme no longer meets the standard to achieve the relevant objectives as claimed by the Operator (whether by reference to the Operator's failure to fulfil any conditions and/or comply with any restrictions stipulated in this Accreditation Report or otherwise) or where at any time during the validity period there has/have been substantial change(s) introduced by the Operator after HKCAAVQ has issued the accreditation report(s) to the Operator and which has/have not been approved by HKCAAVQ. Please refer to the *'Guidance Notes on Substantial Change to*

Accreditation Status in seeking approval for proposed changes. These Guidance Notes can be downloaded from the HKCAAVQ website.

- 5.1.3 If HKCAAVQ decides to vary or withdraw this Accreditation Report, it will give the Operator notice of such variation or withdrawal pursuant to section 5(4) of the AAVQO.
- 5.1.4 The accreditation status of Operator and/or Programme will lapse immediately upon the expiry of the validity period or upon the issuance of a notice of withdrawal of this Accreditation Report.

5.2 Appeals

- 5.2.1 If the Operator is aggrieved by the determination made in this Accreditation Report, then pursuant to Part 3 of the AAVQO the Operator has a right of appeal to the Appeal Board. Any appeal must be lodged within 30 days of the receipt of this Accreditation Report.
- 5.2.2 If the Operator is aggrieved by a decision to vary or withdraw this Accreditation Report, then pursuant to Part 3 of the AAVQO the Operator has a right of appeal to the Appeal Board. Any appeal must be lodged within 30 days of the receipt of the Notice of Withdrawal.
- 5.2.3 The Operator should be aware that a notice of variation or withdrawal of this Accreditation Report is not itself an accreditation report and the right to appeal against HKCAAVQ's substantive determination regarding accreditation arises only from this Accreditation Report.
- 5.2.4 Please refer to Cap. 592A (<http://www.legislation.gov.hk>) for the appeal rules. Details of the appeal procedure are contained in section 13 of the AAVQO and can be accessed from the QF website at <http://www.hkqf.gov.hk>.

5.3 Qualifications Register

- 5.3.1 Qualifications accredited by HKCAAVQ are eligible for entry into the Qualifications Register ("QR") at <https://www.hkqr.gov.hk> for recognition under the QF. The Operator should apply separately to have their quality-assured qualifications entered into the QR.
- 5.3.2 Only learners who commence the study of the named accredited learning programme during the validity period and who have

graduated with the named qualification listed in the QR will be considered to have acquired a qualification recognised under the QF.

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